

# The Center for Integrative Psychology

At Alliant International University presents

## Expressive Arts Open Mic



Please join us for an evening of sharing led by Wes Chester and showcasing local Performance Art. The art making experience has the ability to reawaken the wonder of embodied experience, and nourish the aesthetic response to our anesthetic culture.

The first part of the evening will introduce us to a brief talk on contemporary theory on community art facilitation and host an Open-Mic of local talent performing music, poetry, storytelling, dance and other arts. If you wish to share your talent, please sign up when you RSVP with a description your 3-5 minute performance art piece. The second part of our evening will be open to sharing from inspiration.

**Wes Chester, MA, CAGS**, is an expressive artists therapist, outdoorsman, poet, musician and visual artist, with 15 years experience of helping individuals, couples and communities tap their own creative potential through the contact with nature, the arts and imagination.



Friday, **June 4<sup>th</sup>**, 2010  
6:30pm - 8:30pm??? (Green Hall)  
~ Wine and Cheese reception begins at 6:00pm ~

**CSPP at Alliant Intl University**  
Scripps Ranch Campus  
10455 Pomerado Road  
Scripps Ranch, 92131

Click [www.integrativepsychology.net](http://www.integrativepsychology.net) to RSVP for Reservation, Information and Directions

*Discovery, Conversation, Learning, Friendship and Community*