

The Center for Integrative Psychology

At Alliant International University presents

Sexuality & Soulmates



Exploring the notion of a “romantic soulmate,” Ellen Connell will discuss its history and cultural meanings. She will share her research findings, from interviews with contemporary women who believe that they have partnered with their current spouse or romantic partner across several lifetimes.

Dr. Michelle Dexter, on the topic of “sexual soulmates” in relationship, will discuss what it means to be “sex negative” or “sex positive,” and how such orientations affect sexuality. A model of sexual healing and healthy sexuality, and how this model might be applied, will foster an open discussion.

RSVP www.integrativepsychology.net Reservation, Information and Directions

Ellen Connell, M.A., Psy.D. candidate with an Integrative Psychology emphasis in the Clinical Psychology program at CSPP-San Diego, sits on the events committee for CIP. Her dissertation on *Soulmates: A Study of Women who Believe They Have Known their Romantic Partner in a Past Life* is a phenomenological study of women who hold the belief system that romantic partners meet again and again across lifetimes.

Michelle Dexter, Psy.D., NLPCC is a certified life coach, sexologist, and researcher. Michelle teaches Human Sexuality at Palomar College in San Marcos and integrative psychology courses at CSPP-San Diego. She hosts a twice monthly group on Consciousness, Sexuality and Healing at Integrative Coaching Inc. in San Diego. Dr. Dexter also serves on the steering committee of the Center for Integrative Psychology.

Professional 2 Hrs/ CE Certificate \$35

This workshop meets the qualifications for 2 hours of continuing education credit. Alliant International University is approved by the American Psychological Association to sponsor continuing education for psychologists. Alliant International University maintains responsibility for this program and its content. Alliant International University is also approved by the California Board of Behavioral Sciences (provider #PCE234) and the California Board of Registered Nursing (provider #CEP11235) to sponsor credit for marriage and family therapists, social workers, and registered nurses. CEUs pending.



Friday, Feb 3rd, 2012

6:30pm - 8:30pm (Green Hall)

~ Wine and Cheese reception begins at 6:00pm ~

CSPP at Alliant Intl University

Scripps Ranch Campus

10455 Pomerado Road

Scripps Ranch, 92131

Discovery, Conversation, Learning, Friendship and Community